

Class Attendances

Reformer Pilates

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6.30 AM	5		5		3		
8.00 AM						10	
9.00 AM						9	8
10.00 AM	17	3	17	15	14	13	11
11.00 AM	10		8	Advanced 9	9	11	7
12.00 PM	18	5	12		9		
4.30 PM	9		12				
5.15 PM	14	7	10	11	5		
6.15 PM	15	7	11	6	7		
7.15 PM	Advanced 3	9	Advanced 5	9			
8.15 PM	10	4					

Yoga & Dance

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6.30 AM		Vinyasa (Starts 1st October)		Vinyasa (Starts 3rd October)			
9.00 AM						Hatha Yoga 1	Hatha Vinyasa 8

